Florida Weight Loss Consumer Bill of Rights

Required disclosure under Fla. Stat. § 501.0575.

(a) Warning

Rapid weight loss may cause serious health problems. Rapid weight loss is weight loss of more than 1½ pounds to 2 pounds per week, or weight loss of more than 1 percent of body weight per week after the second week of participation in a weight-loss program.

(b) Consult Your Physician

Consult your personal physician before starting any weight-loss program.

(c) Long-Term Weight Loss

Only permanent lifestyle changes — such as making healthful food choices and increasing physical activity — promote long-term weight loss.

(d) Provider Qualifications

Qualifications of this provider are available upon request.

(e) Your Rights

You have a right to:

- Ask questions about the potential health risks of this program and its nutritional content, psychological support, and educational components.
- Receive an itemized statement of the actual or estimated price of the weight-loss program, including extra products, services, supplements, examinations, and laboratory tests.
- Know the actual or estimated duration of the program.
- Know the name, address, and qualifications of the dietitian or nutritionist who has reviewed and approved the weight-loss program according to s. 468.505(1)(j), Florida Statutes.